



Move  
Everybody  
Get  
Active



## Free Your Feet

Would you like healthy, alert students arriving at a safe, congestion-free school gate every morning?

So would we! Living Streets' Free Your Feet challenge is a simple and effective whole-school walking challenge. Living Streets Free Your Feet kits, will ensure you have everything your secondary school needs to run the week-long challenge.

Free your Feet increases students' awareness of the benefits of walking, and encourages them to walk as much as they can, on their school journeys, over a week.

To find out more about Free Your Feet, contact Living Streets on 020 7377 4911 or e-mail [orders@livingstreets.org.uk](mailto:orders@livingstreets.org.uk)

