



Move
Everybody
Get
Active



Modeshift STARS

Modeshift STARS is the national schools awards scheme that has been established to recognise schools that have demonstrated excellence in supporting cycling, walking and other forms of sustainable travel.

The scheme encourages schools right across the country to join in a major effort to increase levels of sustainable and active travel and in so doing, improve the health and well-being of children and young people.

As of June 2015, 50 local authorities representing just over 10,000 schools in England are signed up to Modeshift STARS.

To take part, register on the website www.modeshiftstars.org

Your school will already be included on the website and you can enter what activities you have taken part in on there. Alternatively you can use the recording sheet enclosed to pass this information back to us at info@dothelocalmotion.co.uk (scanned) or Local Motion Schools Team, Room 401, Town Hall, Feethams, Darlington. DL1 5QT (post) and we will upload all of your information for you. The recording sheet can be found at the back of the MEGA Motion section of your folder, please photocopy as many as you need. Your school may have allocated a specific staff member to collect any recording sheets in to send to us.

Every time you submit a recording form to us there is a chance to win a reward which may be whole class or school or a staff reward. A prize draw will take place each month.

In the following pages you will find suggestions of activities that you can do as a class or as a whole school to meet the various levels required on the Modeshift STARS site to achieve accreditation. If you would like further information regarding any activities or would like support in delivering them please contact us on 01325 40 50 40 or email info@dothelocalmotion.co.uk

